



Adversity, Resilience, & Building Connections with Youth

Discover how experiences, both negative and positive, change the brain and how we can all build strong foundations for the kids and families in our communities.

REQUEST A FREE TRAINING

Our team of trainers offers a free 90-minute training on the impact of trauma on the developing brain and how we can build resilient communities.

This training is available in both an in-person and virtual format.



Contact us to set up your FREE training!

josh.smith@goodhuecountymn.gov or (651) 385-6150

pcyfgc.org